



Syllabus: Team Sports Pathology



SYLLABUS

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TOPICS

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- ≡ Module 3. Sport-Specific Pathologies
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Objectives

By establishing objectives, we give ourselves a clear idea of what we want to achieve once the teaching and learning process of this course has finished. But our aims are even more specific: we also want to establish what you will need to accomplish in order for this new knowledge to contribute to your educational goals.

To achieve these objectives, you must complete the entire process laid out in the different stages of the course.

Thus, if you work in the way suggested, you will be well-positioned to meet the following objectives:


General objective

Become knowledgeable about how to approach different pathologies that can appear in team sports, while also managing the characteristic injuries for each discipline.

Specific objectives

1

Gain knowledge about the pathologies associated with emergencies, allergies and dermatology in relation to team sport athletes.



2

Learn about the main characteristics of cardiac and non-cardiac diseases that can appear in team sports.

3

Become familiar with the characteristics of each team sport in order to approach their most representative injuries, and manage them correctly.

4

Get to know the main characteristics and injuries in sports such as cycling and tennis.

CONTINUE

Skills

The skills we hope you will develop throughout this course are:

General skills

- 1** **Group and collaborative work:** the ability to work with colleagues in order to accomplish shared goals and to achieve the synergy typical of a high performance group.
- 2** **The capacity of analysis/reflection:** the capacity to methodically examine the different aspects of a certain reality or situation and to carry out an assessment of that situation.
- 3** **Creativity and innovative, knowledge-based solutions:** the capacity to find alternative solutions to existing problems based on formal knowledge.

Specific skills

Develop the ability to manage different pathologies and injuries specific to each team sport and other alternative disciplines.

CONTINUE

Criteria for participation and approval

Participation criteria

During the month of course, the student is expected to:

- Browse the multimedia contents of each of the modules that make up the course.
- Solve the evaluations assigned in each module.
- Carry out the proposed activities, whether group or individual.
- Take the final exam.

Approval criteria

For the approval of the course, the student is required to complete the (4) proposed activities in the course and pass the final exam. The student must obtain a final score of 70% or more. This grade will be the average between the activities and the final exam.

CONTINUE

Module 1. Managing Medical Pathologies 1

Unit 1.1 Urgencies and emergencies

Unit 1.2 Infection and sports

Unit 1.3 Skin pathologies and sports

CONTINUE

Module 2. Managing Medical Pathologies 2

Unit 2.1 Heart and sports

Unit 2.2 Life-threatening respiratory disease and sudden cardiac death in sports

CONTINUE

Module 3. Sport-Specific Pathologies

Unit 3.1 Field hockey and roller hockey

Unit 3.2 Handball

CONTINUE

Module 4. Special Sports and Competitions

Unit 4.1 A cycling team's doctor

Unit 4.2 Sports pathologies: tennis