



Program: Strategies for the Development of Youth Football

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Introduction

CONMEBOL has a clear vision of what it means to work in high-performance professional football with young people, both men and women, from diverse socio-cultural and economic backgrounds, who are subject to emotional and ethical demands and live in the era of new technology. This vision considers South America as a reference point, because their people perceive football as a living space in which people can have a mental imaging of the world. These ideas are the proposals that coaches - teachers - and instructors of the Youth Teams must know and incorporate in everyday life.

It is highlighted that from CONMEBOL, a quality-oriented work model is promoted, with continuous improvement where the player of the First Team can incorporate skills, competences and values, contributing to their comprehensive training, as citizens and human beings.

This is why both the coach and his team must promote the practice of football as a sport, school of life and as a rigorous space for action, which seeks to achieve, in a planned manner, the highest level on the playing field.

These guidelines go through the work done with Youth Teams and set out the theoretical principles on which South American Football is based; all of this from the perspective of a sport that constantly evolves and, at the same time, is part of our own idiosyncrasy.

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Objectives

By establishing objectives, we give ourselves a clear idea of what we want to achieve once the teaching and learning process of this course has finished. But our aims are even more specific: we also want to establish what you will need to accomplish in order for this new knowledge to contribute to your educational goals.

To achieve these objectives, you must complete the entire process laid out in the different stages of the course.

Thus, if you work in the way suggested, you will be well-positioned to meet the following objectives:

General objective

Provide tools, concepts and knowledge that are characteristic of South American Football to trainers of boys, girls and young athletes who seek to participate in youth football.

Specific objectives

- Define the specifics of current South American Football.
- Demonstrate the need to incorporate training into South American football, in general, and the young footballer, specifically.
- Determine the characteristics of the structure and organisation of youth football in South America.

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Criteria for participation and approval

Participation criteria

During the month of course, the student is expected to:

- Browse the multimedia contents of each of the modules that make up the course.
- Solve the evaluations assigned in each module.
- Carry out the proposed activities, whether group or individual.
- Take the final exam.

Approval criteria

For the approval of the course, the student is required to complete the (4) proposed activities in the course and pass the final exam. The student must obtain a final score of 60% or more. This grade will be the average between the activities and the final exam.

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Module 1: The south american dna

1.1 A Simple and Practical theory of South American Football

1.2 Youth clubs as Areas of Rights for Children/Adolescents

1.3 Football in South America Includes and Dignifies

1.4 Youth Clubs as Spaces Where They Can Be Valued and Learn How to Value

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Module 2: South America's educational football

2.1 The Concept of "Training" in Football

2.2 The Training of Young Football Players, the Key to the 21st Century

2.3 Football that Shapes Both the Player and their Environment

2.4 Multidisciplinary Training

2.5 Training to Strengthen and Promote the Person

2.6 Interdisciplinary Training

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Module 3. Organisation for youth clubs in South America

3.1 Organisation as an Invisible Value

3.2 Bases of Training and Sports Performance

3.3 Closing Ideas

3.4 Children's Football (6 to 13 years old)

3.5 Adolescent Football (14 to 20 years old)

CONTINUAR

Module 4: Organisational structure for youth clubs

4.1 General Guidelines of the Organisational Structure

4.2 Human Resources for Technical Management

4.3 Technological Infrastructure and Equipment

4.4 Interaction and Relationship with Clubs

4.5 Competition as an Essential Element of Training

4.6 Youth Clubs Talent Selection System

4.7 Interrelation between Youth Clubs and the National Team