

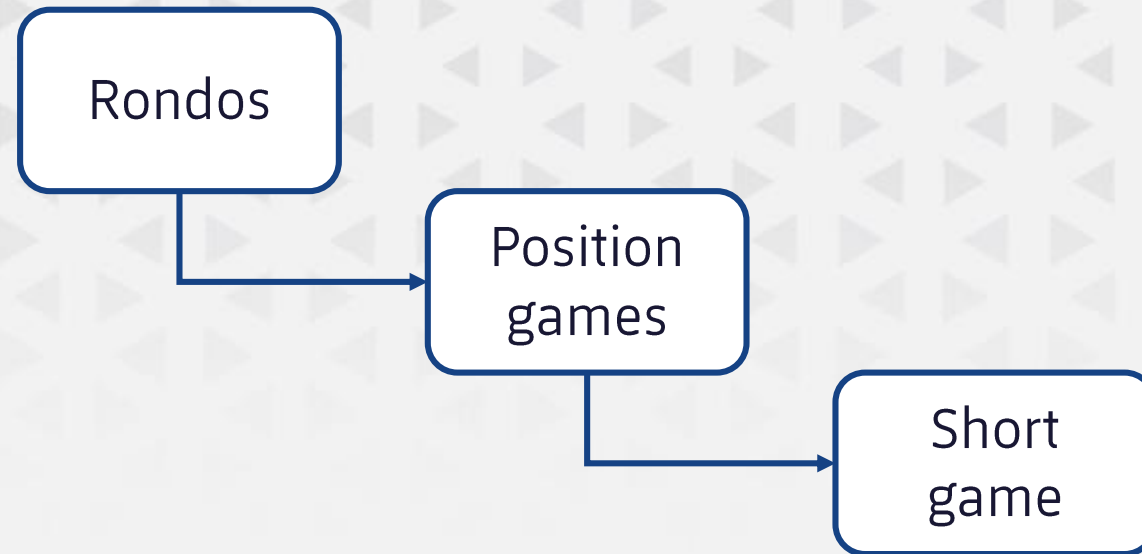
The basics of our style of play

**TOPIC: THE GAME AS A PROCESS
PART 1**

What are the advantages of training with an initial stage of coordination or cognitive exercises with the ball, a second stage with position games, and a third with games?

From Johan Cruyff to today

Designing a session



Rondos

- allows the players to recognize how they feel on that specific day when they possess the ball.
- the aim is for players to be able to interact with the ball, adapting to the ball and vice-versa.

Position games

- identify situations in advance in terms of:
 - teammates
 - ball
 - teammates as opponents
- This part of the session aims to optimize interpersonal relationships.

Short game

A game is played with elements that allow us to approach the competition, in pursuit of those situations that we have been working on in the position and situation game training.

Throughout the entire training session, we try to identify the specific and concrete phenomena of our game

Rondos

- the desire to find the ball.
- share it with their teammates.

Position games

- the ball appears as an intermediary.
- identify communication between teammates

Short game

Practice adjusted to the conditions of the game